

Full Results
Forest of Dean Half Marathon Trail International

Position	Name	Club	Time
M35 -M39			
1	Daniel Kashi	Meirionnydd RC	1-13-02
3	Gwion Roberts	Meirionnydd RC	1-17-58
6	Martin Thomas	Parc Bryn Bach RC	1-20-34
7	Luke Duggan	Porthcawl Runners	1-23-45
8	Adam Roberts	Parc Bryn Bach RC	1-23-58
9	Geoffrey Dodd	Bridgend AC	1-29-22
W35 - W39			
2	Nynke Kuiper	Les Croupiers RC	1-28-15
5	Rebekah Reid	Port Talbot Harriers	1-40-42
M40 – M44			
1	Hywel Care	Liverpool Harriers	1-16-07
3	Ian Edwards	Eryri Harriers	1-19-19
7	Sam Jones	Parc Bryn Bach RC	1-22-27
8	Leighton Rawlinson	MMRT	1-22-42
9	Aled Hughes	GOG Tri Club	1-22-54
W40 – W44			
1	Gemma Moore	Eryri Harriers	1-26-28
2	Ewelina Ciesielska	Parc Bryn Bach	1-30-01
4	Georgie Dobbs	Chepstow Harriers	1-31-01
10	Nia Meleri Edwards	Eryri Harriers	2-01-22
dnf	Emma Seward	CDF RUNNERS	
M45 - M49			
3	Owain Schiavone	Aberystwyth AC	1-18-07
6	Paul White	Parc Bryn Bach RC	1-23-11
7	Gethin Edwards	Pontypridd Roadents	1-25-09
8	William Dunn	Meirionnydd RC	1-26-32
10	Dee Buchanan	Black Trail Runners	1-29-37
W45 – W49			

3	Caroline Duder	Chepstow Harriers	1-41-49
4	Jo Johnson	RAF Athletics	1-52-32
M50 – M54			
3	Huw Evans	Parc Bryn Bach	1-19-27
8	Mark Jennings	Micky Morris RT	1-24-55
10	Jonathan Kettle	NWRRC	1-26-08
11	Andrew May	Brecon AC	1-27-05
12	William Edwards	Porthcawl Runners	1-32-07
14	Andrew Davies	Port Talbot Harriers	1-37-48
W50 – W54			
6	Nesta McCluskey	Maldwyn Harriers	1-42-07
8	Samantha Healy	Port Talbot Harriers	1-46-34
9	Emma Jones	Exmouth Harriers	1-52-15
M55 – M59			
2	Douglas Briggs	Chepstow Harriers	1-26-59
6	Michael Davies	Sarn Helen RC	1-30-35
7	Jon Carter	Chepstow Harriers	1-31-00
9	Alun Cox	Port Talbot Harriers	1-49-54
W55 – W59			
2	Niki Morgan	Chepstow Harriers	1-35-20
4	Angela Deeley	Deestridders RC	1-40-01
5	Amanda Bailey	Wrexham AAC	1-44-07
9	Helen Andrews	Bridgend AC	1-57-11
10	Lesley Mainwaring	Port Talbot Harriers	2-02-01
M60 – M64			
1	Lee Aherne	Parc Bryn Bach	1-23-23
4	Jeremy Mower	Western Tempo	1-30-22
7	Philip Hodge	Les Croupiers RC	1-34-29
8	Nigel Barnes	Port Talbot Harriers	1-34-41
9	Bryan Meredith	Rhondda Valley R	1-36-27
11	Adrian Murkin	Pontypool & District R	1-39-14

W60 – W64			
1	Jane Roscoe	Chepstow Harriers	1-44-20
2	Sue Watson	Les Croupiers	1-44-55
3	Elaine Wharmby	Brackla Harriers	1-46-24
4	Dawn Broom	Penistone Footpath AC	1-49-09
dnf	Anita Knill D	Cornelly Striders	
M65 – M69			
1	David Warren	Cardigan RC	1-27-53
2	Rob Sheen	Leicester	1-35-42
3	John Foster 3	Lliswery	1-39-15
4	Roger Jones	Port Talbot Harriers	1-39-39
7	Damian Sidnell	Aberystwyth AC	1-48-47
9	Julian Maine	Porthcawl Runners	1-54-43
W65 – W69			
1	Lindy Geyer	TROTS	1-39-45
3	Linda Tyler	Farnham	1-46-47
4	Judi Rhys	Les Croupiers RC	1-55-38
11	Mandy Colbourne	TROTS	2-17-10
M70 – M74			
1	William Daniels	Pontyclun RR	1-48-48
2	Malcolm Clash	Triathlon Wales	1-53-16
W70 – W74			
2	Janice Harvey	Run4All Neath	2-24-46
M75+			
4	Paul Griffiths	Chepstow Harriers	2-19-40